

SCHEDULING STATUS Not scheduled
PROPRIETARY NAME AND DOSAGE FORM:



USN TESTO gH

(capsule)

COMPOSITION:

Active ingredients:	Per Capsule	Per Dose	%NRV
Magnesium L-Aspartate	276,5 mg	829,5 mg	
Providing Magnesium	20,4 mg	61,2 mg	15 %
<i>Cucurbita pepo</i> L. (Pumpkin) extract [seed; 4:1 extract]	166,7 mg	500 mg	
<i>Tribulus terrestris</i> L. extract [herb; extract standardised to saponins 40 %]	100 mg	300 mg	
Gamma Aminobutyric Acid (GABA)	66,7 mg	200 mg	
L-Arginine HCl	66,7 mg	200 mg	
<i>Epimedium sagittatum</i> (Horny Goat Weed) powder	33,3 mg	100 mg	
Zinc Methionine	8,1 mg	24,4 mg	
Providing Zinc	1,4 mg	4,2 mg	38 %
Pyridoxine (Vitamin B6)	276,5 mg	829,5 mg	88 %

*%Nutrient Reference Values for individuals 4 years and older (2010)

Sugar free
 Bovine gelatine capsules

Other ingredients: Bovine gelatine capsules, Magnesium stearate.

CATEGORY AND CLASS

D 33.7 Combination Product

PHARMACOLOGICAL ACTION

Magnesium is a ubiquitous element that plays a fundamental role in many cellular reactions. More than 300 metabolic reactions require magnesium as a cofactor. Some important examples include glycolysis, fat and protein metabolism, adenosine tri-phosphate synthesis, and second messenger system. Magnesium also serves as a physiological regulator of membrane stability and in neuromuscular, cardiovascular, immune, and hormonal function. It also appears that there is a relationship between magnesium levels and cortisol, which has been reported to have negative effects on strength gains and muscle mass during training.

Cucurbita pepo (Pumpkin Seed 4:1 extract) contains an appreciable amount of unsaturated fatty acids and is found to be a rich source of linoleic acid. Taking pumpkin seed oil extract may improve benign prostatic hyperplasia (BPH) symptoms and may also be effective for urinary disorders such as an over active bladder. Pumpkin seed oil can block the testosterone induced increases in prostatic weight-to-body weight ratio.

Tribulus terrestris (also known as puncture weed/vine or caltrop) is a plant extract that has been suggested to stimulate luteinising hormone (LH) which stimulates the natural production of testosterone. Current research indicates that the dominant furostanol saponin, protodioscin, is the active ingredient in *Tribulus* that affords it its testosterone-boosting effects. This steroidal saponin appears to stimulate the release of luteinizing hormone (LH) from the pituitary gland. LH then travels via the bloodstream to the testicles, where it stimulates testosterone production. Protodioscin is also believed to increase dehydroepiandrosterone (DHEA) production by the adrenal glands. This steroid precursor becomes testosterone. Consequently, *Tribulus* could potentially increase testosterone levels and promote greater gains in strength and muscle mass during training. There is some evidence that *Tribulus* may aid the restoration of normal testicular function and therefore, could be of benefit for bodybuilders during post-cycle therapy.

Gamma Aminobutyric Acid (GABA) is a non-protein amino acid that is the principle inhibitory neurotransmitter in the mammalian central nervous system. Most of the immediate synaptic inhibitory effects of GABA are mediated by the GABA (A) class of ligand-gated ion channel receptors; thus, many pharmacological agents (including alcohol and psychoactive drugs) exert anxiolytic, analgesic, anticonvulsant, and sedative effects by modulating GABA (A) receptor activity or by blocking the reuptake of GABA by GABA transporter (GAT) proteins. It is believed that the stimulatory effects of GABA on prolactin secretion are due to inhibition of endogenous dopamine. It plays a significant role in hypothalamic-pituitary function affecting all hormonal functions of the body including Growth Hormone (hGH). GABA stimulates the production of Growth Hormone. Studies have shown up to 550 % increase in plasma growth hormone levels after GABA administration, unmatched by any other nutritional means. hGH has been found to facilitate the metabolism of fats in the body resulting in startling fat loss. hGH is widely known for its powerful muscle building effects. It tends to decrease with age, making it harder to lose fat and build muscle. GABA furthermore increases the depth and quality of sleep and obtaining more rest can lead to greater energy throughout the day.

L-Arginine HCl: L-Arginine may augment the effects of exercise training on insulin sensitivity and capillary growth in muscles. This is based on its ability to improve endothelial function; increase plasma insulin, growth hormone, glucagon, catecholamines, and prolactin, at rest; and alter skeletal-muscle metabolism during exercise via increases in nitric oxide.

Horny Goat Weed (*Epimedium sagittatum*) powder is also sometimes referred to by its active ingredient, Icarin. Icarin is known as a prenylated flavonoid compound and has been shown to exert much of the aphrodisiac effects of Horny Goat Weed. It has also been shown in one rat study to increase testosterone levels at a rather high dose, and moderate dosages are shown to be beneficial for bone health.

Zinc is a trace mineral essential for the functioning of enzymatic and other cellular processes, including the regulation of gene expression, protein folding, and immunity. Studies have noted a decreased exercise-induced acute increase in blood viscosity, and improved exercise tolerance in athletes. Athletes have been reported to have lower levels of zinc and magnesium possibly due to increased sweating while training or inadequate intake in their diets. Additionally, zinc and magnesium supplementation has been reported to have positive effects on resistance training athletes. Theoretically, zinc and magnesium supplementation may enhance anabolic hormonal profiles, reduce catabolism, improve immune status, and/or improve adaptations to resistance training. Zinc specifically contributes to normal protein synthesis and the maintenance of normal testosterone levels in the blood.

Vitamin B6 (pyridoxine) is required for the synthesis of the neurotransmitters serotonin and norepinephrine, and for myelin formation in the body. Vitamin B6 is also considered to be important for immune system function, such as for production of antibodies.

INDICATIONS

Indicated as an aid to normal protein synthesis and muscle function, and to assist with a reduction in tiredness and fatigue.

CONTRAINDICATIONS

Avoid with a known allergy/hypersensitivity to *Tribulus terrestris*, any of its parts, or other members of the *Zygophyllaceae* family.

Avoid with a known allergy/hypersensitivity to Gamma Aminobutyric acid, or GABA analogs.

Avoid in patients with liver failure, due to the increased permeability of the blood-brain barrier to GABA and the increased risk of hepatic encephalopathy.

Avoid in patients with endocrine disorders, as GABA supplementation has been shown to increase growth hormone levels.

Avoid in patients with coagulation disorders or those taking anticoagulants, due to reports of decreased fibrinogen and prothrombin time with GABA use.

Do not use if you are pregnant or lactating.

WARNINGS AND SPECIAL PRECAUTIONS

Not recommended for use in children under the age of 18 years.

Tribulus has been found to have a hypotensive action and may affect hypotension/hypertension drugs.

Use cautiously in patients using beta-blockers or calcium channel blockers, as *Tribulus* may increase their effects due to its negative chronotropic activity in cardiac muscle.

Use cautiously in patients with cancer, due to the known proliferative effects of GABA and its implication in cancer.

Use cautiously in combination with coffee. Coffee extracts have been shown to inhibit GABA (A) receptor response in cultured oocytes.

Use cautiously with GABAergic herbs and supplements. For many dietary supplements that are widely used for enhancing memory and reducing insomnia, the mechanisms of action are thought to be mediated by endogenous GABA. These include 5-HTP, hops (*Humulus lupulus*), kava (*Piper methysticum*), lemon balm (*Melissa officinalis*), passion flower (*Passiflora spp.*), skullcap (*Scutellaria spp.*) and valerian (*Valeriana officinalis*).

Avoid use with alcohol together with this product. Ethanol is known to exert effects through potentiating the GABA (A) receptor.

Please discuss with your healthcare professional before taking this medicine.

PREGNANCY AND LACTATION

Do not take this medicine during pregnancy or lactation.

INTERACTIONS

Always tell your healthcare professional if you are taking any other medicine.

DOSAGE AND DIRECTIONS FOR USE

Adults: Take 6 capsules once daily at bedtime, or in 2 divided doses of 3 capsules before training and at bedtime.

Adhere to a five-days-on/two-days-off regime for a period of eight weeks followed by a two-week break.

Do not exceed the daily recommended dose. In the event of over dosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

Do not share medicines prescribed for you with any other person.

SIDE-EFFECTS

The following side-effects may be associated with the use of **USN TESTO gH**, especially if taken on a regular basis, and are listed under their corresponding body-organ class:

Gastrointestinal disorders: Abdominal discomfort, flatulence, diarrhoea, constipation, nausea, vomiting, heartburn, gastralgia, dyspepsia.

Immune system disorders: Hypersensitivity and/or allergic reactions.

Cardiovascular disorders, general: Hypotensive effect.

Neurological system disorders: Headache, dizziness, agitation, sleeplessness, insomnia, depression.

Pulmonary/Respiratory: Brief periods of breathlessness.

Nervous system disorders: Dizziness, drowsiness.

Not all side-effects reported for this medicine are included in this leaflet. Should your general health worsen, or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

None known. Treatment is symptomatic and supportive.

IDENTIFICATION

White capsule with light brown powder.

PRESENTATION

Black plastic container with a black USN lid, containing 120 capsules or a black foil/plastic bag containing 21 capsules.

STORAGE INSTRUCTIONS

Store in a cool, dry place at or below 25 °C.
 KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER

To be allocated by the Authority.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

USN Pty (Ltd)
 Building C, Southdowns Office Park, 2nd Floor,
 21 Karee Street, Irene Ext.54, 0157.
 Tel: 0861 111 876

DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION

July 2014

COMPLEMENTARY MEDICINE

Discipline: Combination Product - Western Herbal Medicine & Health Supplement

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

TES009-014/P/V/C

JOB: SAHC_TestoghPI_120's	SIZE: 190mm x 220mm
STOCK: Foil Substrate: <input type="checkbox"/> Clear Substrate: <input type="checkbox"/> White Substrate: <input type="checkbox"/> Paper: <input checked="" type="checkbox"/> Other: <input type="checkbox"/>	
COLOURS: ■ K	FINISHING: <input type="checkbox"/> Foil / Holographic Foil <input type="checkbox"/> Matte <input type="checkbox"/> Gloss <input type="checkbox"/> Spot UV <input type="checkbox"/> Doming <input type="checkbox"/> Embossing

SKEDULERINGSSTATUS Nie geskeduleerd
HANDELSNAAM EN DOSEERVORM:



USN TESTO gH

(kapsule)

SAMESTELLING:

Aktiewe bestanddele:	Per Kapsule	Per Dosering	**%NWW
Magnesium L-Aspartaat	276,5 mg	829,5 mg	
Verskaf Magnesium	20,4 mg	61,2 mg	15 %
<i>Cucurbita pepo</i> L. (Pampoens) ekstrakt [saad; 4:1 ekstrakt]	166,7 mg	500 mg	
<i>Tribulus terrestris</i> L. ekstrakt [plant; ekstrakt gestandaardiseer tot saponiene 40 %]	100 mg	300 mg	
Gamma-Aminobutanoësuur (GABS)	66,7 mg	200 mg	
L-Arginien HCl	66,7 mg	200 mg	
<i>Epimedium sagittatum</i> (Bokkruid) poeier	33,3 mg	100 mg	
Sinkmetionien	8,1 mg	24,4 mg	
Verskaf Sink	1,4 mg	4,2 mg	38 %
Piridoksien (Vitamiën B6)	276,5 mg	829,5 mg	88 %

**%Nutriëntverwysingswaardes (NWWs) vir individue 4 jaar en ouer (2010)

Suikervry
Beesgelatienkapsule

Ander Bestanddele: Beesgelatienkapsule, Magnesiumstearaat.

KATEGORIE EN KLAS

D 33.7 Kombinasie Produk

FARMAKOLOGIESE AKSIE

Magnesium is 'n alomteenwoordige element wat 'n rol in baie sellulêre reaksies speel. Meer as 300 metaboliese reaksies vereis magnesium as 'n ko-faktor. Sommige belangrike voorbeelde sluit glikolise, vet- en proteïenmetabolisme, adenosien tri-fosfaat sintese, en die tweede boodskapper stelsel in. Magnesium dien ook as 'n fisiologiese reguleerder van membraanstabieliteit en in neuromuskulêre, kardiovaskulêre, immuun- en hormonale funksie. Dit blyk ook dat daar 'n verhouding tussen magnesiumvlakke en kortisol is, wat volgens berigte, 'n negatiewe uitwerking op kragwinste en spiermassa tydens oefening kan hê.

Cucurbita pepo (Pampoensaad 4:1 ekstrakt) bevat 'n aansienlike hoeveelheid onversadigde vetsure en is bevind om 'n ryk bron van linoëiensuur te wees. Die inname van pampoensaad olie ekstrakt kan goedaardige prostatiese hiperplasie (GPH) simptome verbeter en kan ook effektief wees in gevalle van urinêre versteurings, soos byvoorbeeld 'n oorakruiende blaas. Pampoensaad olie kan die verhogings in die prostatiese gewig-tot-liggaamsgewig verhouding, blokkeer.

Tribulus terrestris 'n plant ekstrakt wat na bewering luteïniseringshormoon (LH) stimuleer, wat op sy beurt weer die natuurlike produksie van testosteroon stimuleer. Huidige navorsing dui daarop dat die dominante furostanoliese saponien, protodiosien, die aktiewe bestanddeel in *Tribulus* is wat testosteroon-bevorderings effekte bied. Dit blyk dat die steroïdale saponieninhoud die vrylating van LH van die pituitêre klier stimuleer. LH reis dan via die bloedstroom na die testikels, waar dit testosteroonproduksie stimuleer. Daar word geglo dat protodiosien dihidroepiandrosteron (DHEA) produksie deur die biërië verhoog. Hierdie steroïedvoorloper word dan testosteroon. Gevolglik kan *Tribulus* potensieel testosteroonvlakke verhoog en dus 'n groter toename in krag en spiermassa tydens oefening bevorder. Daar is wel bewyse dat *Tribulus* die herstel van die normale testikulêre funksie kan bevorder en dus tot voordeel kan wees vir liggaamsbouers in na-siklus terapie.

Gamma-Aminobutanoësuur (GABS) is 'n nie-proteïen aminosuur wat die hoof inhiberende neuroversender in die sentrale senuweestelsel van die soogdier is. Die meeste van die onmiddellike sinaptiese inhiberende effekte van GABS word bemiddel deur die GABS (A) klas van die ligand-omheinde ioonkanaal reseptore; dus, baie farmakologiese agente (insluitende alkohol en psigoaktiewe dwelms) oefen ansiolitiese, pyn, antikonvulsant, en kalmerende effekte uit deur GABS (A) reseptor aktiviteit te reguleer deur die blokkering van die heropname van GABS deur GABS vervoerder (GAT) proteïene. Daar word geglo dat die stimulerende effekte van GABS op prolaktiensiekresie te wyte is aan die inhibisie van endogene dopamiën. Dit speel 'n belangrike rol in die hipotalamus-pituitêre funksie wat alle hormonale funksies van die liggaam, insluitend groei-hormoon (MGH), affekteer. GABS stimuleer die produksie van Groeihormoon. Studies het tot 550 % verhoging in plasma groei-hormoonvlakke na GABS inname, ongeëwenaard deur enige ander voeding, getoon. Daar is gevind dat HGH die metabolisme van vette in die liggaam fasiliteer, wat lei tot verrassende vetverlies. HGH is wyd bekend vir sy kragtige spierbou effekte. Dit is geneig om af te neem met ouderdom, wat dit moeiliker maak om vet te verloor en spiere te bou. Verder verhoog GABS die droepte en kwaliteit van slaap en die verkryging van meer rus kan lei tot meer energie gedurende die dag.

L-Arginien HCl: L-Arginien kan die uitwerking van oefening op insulien sensitiviteit en kapillêre spiergroei bevorder. Dit is gebaseer op L-Arginien se vermoë om endotele funksie te bevorder; plasma insulien vlakke, groei-hormone, glukagon, katesjolamiene, en prolaktien, tydens rus te verhoog; en die verandering van skeletspiermetabolisme gedurende oefening via die verhoging van stikstofoksied.

Bokkruid (*Epimedium sagittatum*) poeier word ook soms na verwys as sy aktiewe bestanddeel, Icarin. Icarin is bekend as 'n hidrofobiese flavonoïed verbinding en daar is getoon dat dit verantwoordelik is vir baie van die seksstimuleermiddel effekte van bokkruid.

Sink is 'n spoor element wat noodsaaklik is vir die funksionering van ensimatisie en ander sellulêre prosesse, insluitende die regulering van geenuitdrukking, proteïenvouing en immuuniteit. Studies het 'n afname in oefening-geïnduseerde akute toename in bloedviskositêit, asook verbeterde oefening verdraagsaamheid in atlete, opgemerk. Daar is berig dat atlete laer vlakke van sink en magnesium het, moontlik as gevolg van verhoogde sweet afskeiding gedurende oefening of as gevolg van onvoldoende inname met hul dieet. Daarbenewens het sink en magnesium aanvullings volgens berigte 'n positiewe uitwerking op atlete wat weerstandsoefening doen. Teoreties kan sink en magnesium aanvullings anaboliese hormoon profiele verbeter, katabolisme verminder, immuuniteit verbeter en/of aanpassings by weerstandsoefeninge verbeter. Sink dra spesifiek by tot normale proteïensintese en die handhawing van normale testosteroonvlakke in die bloed.

Vitamiën B₆ (piridoksien) word benodig vir die sintese van die neurotransmitters serotonien en norepinefrin, asook miëliënvorming in die liggaam. Vitamiën B₆ word ook as belangrik beskou vir immuunsisteem funksionering, soos vir die vervaardiging van teenliggaampies.

INDIKASIES

Aangedui as 'n hulpmiddel om by te dra tot normale proteïensintese en spierfunksie, asook om moegheid en uitputting te verminder.

KONTRA-INDIKASIES

Vermy met 'n bekende allergie/hipersensitiewiteit vir *Tribulus terrestris*, enige van sy bestanddele, of ander lede van die *Zygophyllaceae* familie.

Vermy met bekende allergie/hipersensitiewiteit vir Gamma-Aminobutanoësuur, of GABS analoë.

Vermy in pasiënte met lewerversaking, as gevolg van die verhoogde deurlaatbaarheid van die bloedreinskans van GABS en die verhoogde risiko van lewer enkefalopatie.

Vermy in pasiënte met endokriene versteurings, aangesien GABS aanvulling getoon het dat dit groei-hormoonvlakke verhoog.

Vermy in pasiënte met koagulatieversteurings of diegene wat antikoagulerende medikasie gebruik, as gevolg van versae wat dui op verminderde fibrinogeen en protrombientyd met GABS gebruik.

Moenie tydens swangerskap of borsvoeding gebruik nie.

WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

Nie aanbeveel vir gebruik in kinders jonger as 18 jaar nie.

Daar is gevind dat *Tribulus* 'n bloeddrukverlagende effek het, en dus hipotensie/hipertensie dwelms kan beïnvloed.

Gebruik versigtig in pasiënte wat gebruik maak van beta-blokkereers of kalsiumkanaalblokkereers, aangesien *Tribulus* hul effekte kan verhoog as gevolg van die negatiewe chronotropiese aktiviteit in hartspiere.

Moenie die aanbevole dosis oorskry nie - hoë aanvullende dosisse is bekend vir nadelige gevolge.

Gebruik ook versigtig as 'n langtermyn-ingryping, as gevolg van 'n getrek aan inligting oor veiligheid.

Gebruik versigtig in pasiënte met kanker, te wyte aan die bekende proliferatiewe effekte van GABS en sy implikasie vir kanker.

Gebruik versigtig in kombinasie met koffie. Koffie-ekstrakte het getoon dat dit GABS (A) reseptor reaksie in gekweekte oësieste potensieer.

Gebruik versigtig met GABS negiese kruie en aanvullings. Vir baie voedingsaanvullings, wat wyd gebruik word vir die verbetering van geheue en die vermindering van slapeloosheid, word daar vermoed dat dit die meganisme van werking bemiddel deur endogene GABS. Dit sluit in 5-HTP, hop (*Humulus lupulus*), kava (*Piper methysticum*), suurlemoensalm (*Melissa officinalis*), passieblom (*Passiflora spp.*), kalotjie (*Scutellaria spp.*) en valeriaan (*Valeriana officinalis*).

Vermy die gebruik van alkohol tesame met die produk. Etanol is bekend dat dit effekte uitloefen deur die potensiering van die GABS (A) reseptor.

Bespreek asseblief met jou gesondheidspraktisyn voordat jy hierdie medisyne gebruik.

SWANGERSKAP EN LAKTASIE

Vermy die gebruik van hierdie produk tydens swangerskap en laktasie.

INTERAKSIES

Lig altyd jou professionele gesondheidspraktisyn in as jy enige ander medisyne neem.

DOSIS EN GEBRUIKSAANWYSINGS

Volwassenes: Neem 6 kapsule daaglik met slapenstyd, of in 2 verdeelde dosisse van 3 kapsule voor oefening en met slapenstyd.

Voeldoan aan 'n vyf-dag-aan/twee-dag-af regime vir 'n tydperk van agt weke, gevolg deur 'n rusperiode van twee weke.

Moenie die aanbevole dosis oorskry nie. In die geval van oordosering skakel dringend u dokter of apteker. Indien hul nie beskikbaar is nie, kontak u naaste hospitaal of gifbeheersentrum.

Moenie medisyne wat vir jou voorgeskryf is met ander mense deel nie.

NEWE-EFFEKTE

Die volgende nuwe-effekte kan geassosieer word met die gebruik van **USN TESTO gH**, veral as dit op 'n gereelde grondslag geneem word, en word onder hulle ooreenstemmende liggaamsorgaan klas gelys:

Gastro-intestinale versteurings: Buik-ongemak, winderigheid, diarree, hardtygheid, naarheid, vomering, soorbrand, gastralgie, dispepsie.

Immuunsisteem versteuring: Hipersensitieweit en/of allergiese reaksies.

Kardiovaskulêre stelsel versteurings: Hipotensiewe effek.

Neurologiese stelsel versteurings: Hoofpyn, duiseligheid, onrustigheid, slapeloosheid, insomnie, depressie.

Respiratories: Kort periodes van benoudheid.

Senuwstelselversteurings: Duiseligheid, lommerigheid.

Nie alle nuwe-effekte wat vir hierdie medisyne aangemeld is, word in hierdie voubljet genoem nie. Indien jou algemene gesondheid agteruitgaan of jy enige ongunstige effekte ervaar terwyl jy hierdie medisyne neem, raadpleeg asseblief jou dokter, apteker of ander gesondheidspraktisyn.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

Geen. Behandeling is simptomeles en ondersteunend van aard.

IDENTIFIKASIE

Wit kapsule wat ligte bruin poeier bevat.

AAANBIEDING

Swart plastiekhouer met 'n swart USN deksel, wat 120 kapsule bevat of 'n swart foelie-/plastieksakke wat 21 kapsule bevat.

BERIGINGSAAANWYSINGS

Bêre op 'n koel, droë plek teen of benede 25 °C.

HOU BUITE BEREIK VAN KINDERS.

REGISTRASIE-NOMMER

Vir toekenning deur die Raad.

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT

USN (Edms) Bpk
Gebou C, Southdowns Besigheidspark, 2de Vloer,
Karestraat 21, Irene Uitr.54, 0157.
Tel: 0861 111 876

DATUM VAN PUBLIKASIE VAN DIE PROFESSIONELE INLIGTING

Julie 2014

KOMPLEMENTÊRE MEDISYNE

Dissipline: Kombinasie Produk - Westerse Kruiemedisyne & Gesondheidsaanvulling

Hierdie ongeregisteerde medisyne is nie deur SAHPRA gevalueer vir sy kwaliteit, veiligheid of beoogde gebruik nie.

TES009-014/P/V/C

JOB: SAHC_TestoghPI_120's	SIZE: 190mm x 220mm
STOCK: Foil Substrate: <input type="checkbox"/> Clear Substrate: <input type="checkbox"/> White Substrate: <input type="checkbox"/> Paper: <input checked="" type="checkbox"/> Other: <input type="checkbox"/>	
COLOURS: <input type="checkbox"/> K	FINISHING: <input type="checkbox"/> Foil / Holographic Foil <input type="checkbox"/> Matte <input type="checkbox"/> Gloss <input type="checkbox"/> Spot UV <input type="checkbox"/> Doming <input type="checkbox"/> Embossing