

**PROFESSIONAL INFORMATION**



# USN PHEDRACUT CRAVE X

38661 P2

(capsules)

**COMPLEMENTARY MEDICINE: COMBINATION PRODUCT (WESTERN HERBAL MEDICINE / HEALTH SUPPLEMENT)**

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

**SCHEDULING STATUS:** S0

**1. NAME OF THE MEDICINE**

USN PHEDRACUT CRAVE X capsules

**2. QUALITATIVE AND QUANTITATIVE COMPOSITION**

**EACH CAPSULE CONTAINS:**

		<b>*%NRV</b>
<i>Irvingia gabonensis</i> (Aubry-Lecomte ex O'Rorke) Baill. (Wild mango) [seed; 10:1 extract providing 6 100 mg of dried herb equivalent]	610 mg	
<i>Garcinia cambogia</i> [fruit; 6:1 extract standardised to 60 % (60 mg) hydroxycitric acid (HCA) providing 600 mg of dried herb equivalent]	100 mg	
<i>Ilex paraguariensis</i> A.St.-Hil. (Yerba mate) [leaf; 10:1 extract providing 700 mg of dried herb equivalent]	70 mg	
Chromium Picolinate providing Chromium (elemental)	96 µg 11,6 µg	33 %

\*%Nutrient Reference Values (NRVs) for individuals 4 years and older (2010).

Sugar free.

For a full list of excipients, see section 6.1.

**3. PHARMACEUTICAL FORM**

Capsules.

Size 00 white hard gelatine capsules containing a light brown powder.

**4. CLINICAL PARTICULARS**

**4.1 Therapeutic indications**

USN PHEDRACUT CRAVE X is indicated as a weight loss aid to help assist with appetite control. Only effective when combined with a balanced, energy-restricted eating plan and regular physical activity.

**4.2 Posology and method of administration**

*Adults:*

- Take 1 capsule 30 minutes prior to meals, preferable before breakfast and lunch, two to three times daily.
- Do not exceed the recommended daily dosage.

*Children:*

Not suitable for children under the age of 18 years.

**4.3 Contraindications**

Hypersensitivity to any of the active ingredients or to any of the excipients listed in section 2 or 6.1.

**4.4 Special warnings and precautions for use**

**Surgery:**

USN PHEDRACUT CRAVE X may affect blood glucose levels and interfere with blood glucose control during and after surgical procedures. Patients should be advised to discontinue USN PHEDRACUT CRAVE X at least 2 weeks prior to surgical procedures.

**Diabetes mellitus:**

USN PHEDRACUT CRAVE X may increase insulin levels and/or decrease blood glucose levels and cause hypoglycaemia. Dose adjustment of antidiabetic medicine might be necessary (see section 4.5). Patients should be advised to monitor blood glucose levels closely.

**Renal disease:**

USN PHEDRACUT CRAVE X may exacerbate renal dysfunction in patients with renal disease.

**Liver disease:**

USN PHEDRACUT CRAVE X may worsen liver damage in patients with existing liver disease.

**Bipolar disorder:**

USN PHEDRACUT CRAVE X may exacerbate mania in patients with bipolar disorder.

**Pediatric population**

The safety and efficacy of USN PHEDRACUT CRAVE X have not been established in children under the age of 18 years.

**4.5 Interaction with other medicinal products and other forms of interaction**

**Antidiabetic medicines:**

The use of USN PHEDRACUT CRAVE X with antidiabetic medicines or herbal supplements with hypoglycemic effects may have an additive effect when used concomitantly (see section 4.4). Caution is advised.

**Hepatotoxic medicines:**

Concomitant use of USN PHEDRACUT CRAVE X with hepatotoxic medicines or herbal supplements may increase the risk of developing liver damage. Caution is advised.

**Levothyroxine:**

The use of USN PHEDRACUT CRAVE X with levothyroxine may decrease serum levels of levothyroxine. Levothyroxine should be taken at least 30 minutes before or 3 – 4 hours after taking USN PHEDRACUT CRAVE X.

**Antidepressant medicines:**

The use of USN PHEDRACUT CRAVE X with antidepressant medicines or other serotonergic medicines may increase the risk of serotonergic side effects. Caution is advised.

**4.6 Fertility, pregnancy and lactation:**

Safety in pregnancy and lactation has not been established. USN PHEDRACUT CRAVE X should not be taken during pregnancy or lactation.

**4.7 Effects on ability to drive and use machines:**

USN PHEDRACUT CRAVE X is unlikely to affect the ability to drive a vehicle and use machines.

Caution is advised before driving a vehicle or operating machinery until the effects of USN PHEDRACUT CRAVE X are known.

**4.8 Undesirable effects**

USN PHEDRACUT CRAVE X is generally well tolerated.

**Psychiatric disorders:**

*Frequency unknown:* irritability, mood changes, insomnia.

**Nervous system disorders:**

*Frequency unknown:* headache.

**Gastrointestinal disorders:**

*Frequency unknown:* gastric irritation, nausea, flatulence, diarrhoea.

**Hepato-biliary disorders:**

*Frequency unknown:* hepatotoxicity.

**Reporting of suspected adverse reactions**

Reporting suspected adverse reactions after authorisation of USN PHEDRACUT CRAVE X is important. It allows continued monitoring of the benefit/risk balance of USN PHEDRACUT CRAVE X. Healthcare providers are asked to report any suspected adverse reactions to the South African Health Products Regulatory Authority (SAHPRA) via the 6.04 Adverse Drug Reaction Reporting Form, found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/Index/8>.

**4.9 Overdose**

In overdose, side effects can be precipitated and/or be of increased severity (see section 4.8).

In the event of overdose, treatment should be symptomatic and supportive.

**5. PHARMACOLOGICAL PROPERTIES**

**5.1 Pharmacodynamic properties**

**Category and class:**

D 33.7 Combination Product.

USN PHEDRACUT CRAVE X contains herbal ingredients with chromium to assist with appetite control and weight loss as part of a weight management programme.

**5.2 Pharmacokinetic properties**

*Irvingia gabonensis* (Wild mango) seeds digestibility has been estimated to range between 94 % and 98 %.

After oral consumption of *Ilex paraguariensis* (Yerba mate), polyphenols are partially absorbed. Yerba mate polyphenols are metabolised by the colonic microbiota, which can delay absorption of certain polyphenols.

Approximately 0,5 % to 2 % of chromium is absorbed. Chromium as chromium picolinate have increased absorption, retention and accumulation of chromium. Absorbed chromium is rapidly excreted in the urine and unabsorbed chromium in the faeces.

There is insufficient information available about the pharmacokinetics of *Garcinia cambogia*.

**6. PHARMACEUTICAL PARTICULARS**

**6.1 List of excipients**

Capsules (bovine gelatine)

Magnesium stearate.

**6.2 Incompatibilities**

Not applicable.

**6.3 Shelf life**

24 months.

Store at or below 25 °C.

**6.4 Special precautions for storage**

Store in a dry place.

**6.5 Nature and contents of container**

90 capsules are packed in a white HDPE container with a white screw-on cap and induction seal.

**6.6 Special precautions for disposal**

No special requirements.

**7. HOLDER OF CERTIFICATE OF REGISTRATION**

USN (Pty) Ltd  
Unit 4, Louwlandia Logistics Park  
cnr Nellmapius Drive & Olievenhoutbosch Road  
Centurion, 1683  
Pretoria

**8. REGISTRATION NUMBER**


Will be allocated by SAHPRA upon registration.

**9. DATE OF FIRST AUTHORISATION**

Will be allocated by SAHPRA upon registration.

**10. DATE OF REVISION OF THE TEXT**

This leaflet was last revised in September 2021.

<b>JOB:</b> SACE_PheducrutCraveX	<b>SIZE:</b> 300mm x 319mm
<b>STOCK:</b> Foil Substrate: <input type="checkbox"/> Clear Substrate: <input type="checkbox"/> White Substrate: <input type="checkbox"/> Paper: <input checked="" type="checkbox"/> Other: <input type="checkbox"/>	
<b>COLOURS:</b>  X	<b>FINISHING:</b> <input type="checkbox"/> Foil / Holographic Foil <input type="checkbox"/> Matte <input type="checkbox"/> Gloss <input type="checkbox"/> Spot UV <input type="checkbox"/> Doming <input type="checkbox"/> Embossing
<b>PLEASE CHECK CAREFULLY</b> Although we endeavour to proof accurately, we cannot accept responsibility for errors once proofs are signed and accepted by our clients.	

## PATIENT INFORMATION LEAFLET



# USN PHEDRACUT CRAVE X

(capsules)

**SCHEDULING STATUS:** S0

**USN PHEDRACUT CRAVE X capsules**

Sugar free.

**COMPLEMENTARY MEDICINE: COMBINATION PRODUCT (WESTERN HERBAL MEDICINE / HEALTH SUPPLEMENT)**

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

**Read all of this leaflet carefully because it contains important information for you.**

USN PHEDRACUT CRAVE X is available without a doctor's prescription, for you to maintain your health. Nevertheless, you still need to use USN PHEDRACUT CRAVE X carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share USN PHEDRACUT CRAVE X with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.

**What is in this leaflet**

1. What USN PHEDRACUT CRAVE X is and what it is used for.
2. What you need to know before you take USN PHEDRACUT CRAVE X.
3. How to take USN PHEDRACUT CRAVE X.
4. Possible side effects.
5. How to store USN PHEDRACUT CRAVE X.
6. Contents of the pack and other information.

**1. What USN PHEDRACUT CRAVE X is and what it is used for**

USN PHEDRACUT CRAVE X is indicated as a weight loss aid to help assist with appetite control. Only effective when combined with a balanced, energy-restricted eating plan and regular physical activity.

**2. What you need to know before you take USN PHEDRACUT CRAVE X**

**Do not take USN PHEDRACUT CRAVE X:**

- If you are hypersensitive (allergic) to any of the ingredients of USN PHEDRACUT CRAVE X (listed in section 6).

**Warnings and precautions**

**Take special care with USN PHEDRACUT CRAVE X:**

- If you are having any surgical procedure done, USN PHEDRACUT CRAVE X should be discontinued at least 2 weeks before your operation.
- If you have diabetes mellitus (high blood sugar) and you are taking medicines to control your blood sugar levels.
- If you have any kidney problems.
- If you have a liver disease.
- If you have bipolar disorder (a mental disorder associated with episodes of mood swings ranging from depressive lows to manic highs).

**Children and adolescents**

Do not give USN PHEDRACUT CRAVE X to children younger than 18 years, as the safety and efficacy in children have not yet been established.

**Other medicines and USN PHEDRACUT CRAVE X**

Always tell your healthcare provider if you are taking any other medicine. (This includes all complementary or traditional medicines).

Tell your doctor or pharmacist if you are currently taking:

- Antidiabetic medicines (used to treat high blood sugar levels), or herbal supplements which can influence blood sugar levels.
- Hepatotoxic medicines or herbal supplements (medicines or herbal supplements which can be harmful to your liver).
- Levothyroxine (used to treat an underactive thyroid). Take levothyroxine at least 30 minutes before or 3 – 4 hours after taking USN PHEDRACUT CRAVE X.
- Antidepressant medicines (used to treat depression).

**Pregnancy, breastfeeding and fertility**

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare provider for advice before taking USN PHEDRACUT CRAVE X. Safety in pregnancy and lactation has not been established. Do not take USN PHEDRACUT CRAVE X if you are pregnant or breastfeeding your baby.

**Driving and using machines**

USN PHEDRACUT CRAVE X is unlikely to affect your ability to drive a vehicle and use machines. Do not drive or operate machinery until you know how USN PHEDRACUT CRAVE X affects you.

**3. How to take USN PHEDRACUT CRAVE X**

Always take USN PHEDRACUT CRAVE X exactly as described in this leaflet or as your pharmacist has told you. Check with your pharmacist if you are not sure.

**Adults:**

- Take 1 capsule 30 minutes prior to meals, preferable before breakfast and lunch, two to three times daily.
- Do not exceed the recommended daily dosage.

**If you take more USN PHEDRACUT CRAVE X than you should**

In the event of an overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

**If you forget to take USN PHEDRACUT CRAVE X**

Take your next dose at the normal time. Do not take a double dose to make up for individual forgotten doses.

**4. Possible side effects**

USN PHEDRACUT CRAVE X can have side effects.

Not all side effects reported for USN PHEDRACUT CRAVE X are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking USN PHEDRACUT CRAVE X, please consult your healthcare provider for advice.

If any of the following happens, stop taking USN PHEDRACUT CRAVE X and tell your doctor immediately or go to the casualty department at your nearest hospital:

- Swelling of your hands, feet, ankles, face, lips, mouth or throat, which may cause difficulty in swallowing or breathing.
- Rash or itching.
- Fainting.

These are all very serious side effects. If you have them, you may have had a serious allergic reaction to USN PHEDRACUT CRAVE X. You may need urgent medical attention or hospitalisation.

Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:

**Frequency unknown:**

- Yellowing of your skin and eyes, dark urine, and tiredness which may be symptoms of liver problems.

This is a serious side effect. You may need urgent medical attention.

Tell your doctor if you notice any of the following:

**Frequency unknown:**

- Irritability, mood changes, headache.
- Insomnia (difficulty falling or staying asleep).
- Stomach pain, nausea (feeling sick), excessive gas, diarrhoea.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

**Reporting of side effects**

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the 6.04 Adverse Drug Reactions Reporting Form, found online under SAHPRA's publications: <http://www.sahpra.org.za/Publications/Index/8>.

By reporting side effects, you can help provide more information on the safety of USN PHEDRACUT CRAVE X.

**5. How to store USN PHEDRACUT CRAVE X**

- Store at or below 25 °C.
- Store in a dry place.
- Store all medicines out of reach of children.
- Do not use after the expiry date printed on the container.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

**6. Contents of the pack and other information**

**What USN PHEDRACUT CRAVE X contains**

<b>EACH CAPSULE CONTAINS:</b>		<b>*%NRV</b>
<i>Irvingia gabonensis</i> (Aubry-Lecomte ex O'Rorke) Baill. (Wild mango) [seed; 10:1 extract providing 6 100 mg of dried herb equivalent]	610 mg	
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<i>Ilex paraguariensis</i> A.St.-Hil. (Yerba mate) [leaf; 10:1 extract providing 700 mg of dried herb equivalent]	70 mg	
Chromium Picolinate providing Chromium (elemental)	96 µg 11,6 µg	33 %

\*%Nutrient Reference Values (NRVs) for individuals 4 years and older (2010).

The other ingredients are bovine gelatine capsules and magnesium stearate.

**What USN PHEDRACUT CRAVE X looks like and contents of the pack**

Size 00 white hard gelatine capsules containing a light brown powder. 90 capsules are packed in a white HDPE container with a white screw-on cap and induction seal.

**Holder of Certificate of Registration:**

USN (Pty) Ltd  
Unit 4, LouwIardia Logistics Park  
cnr Nellmapius Drive & Olievenhoutbosch Road  
Centurion, 1683  
Pretoria  
Tel: 086 111 1876

**This leaflet was last revised in**  
September 2021

**Registration number**

Will be allocated by SAHPRA upon registration.

**Access to corresponding Professional Information**

[www.usn.co.za](http://www.usn.co.za)

## PASIËNTINLIGTINGSBLAD



# USN PHEDRACUT CRAVE X

(kapsules)

**SKEDULERINGSTATUS:** S0

**USN PHEDRACUT CRAVE X kapsules**

Suikervry.

**KOMPLEMENTÊRE MEDISYNE: KOMBINASIEPRODUK (WESTERSE KRUIEMEDISYNE / GESONDHEIDSAANVULLING)**

Hierdie ongeregistreerde medisyne is nie vir gehalte, veiligheid of beoogde gebruik deur SAHPRA geëvalueer nie.

**Lees hierdie hele inligtingsblad aandagtig deur want dit bevat inligting wat belangrik is vir jou.**

USN PHEDRACUT CRAVE X is beskikbaar sonder 'n dokter se voorskrif, sodat jy jou gesondheid in stand kan hou. Jy moet USN PHEDRACUT CRAVE X nogtans met sorg neem om die beste resultate te verkry.

- Hou hierdie inligtingsblad. Dit mag nodig wees dat jy dit weer lees.
- Moenie USN PHEDRACUT CRAVE X met enigiemand anders deel nie.
- Vra gerus jou apteker indien jy verdere inligting of advies nodig het.

**Wat is in hierdie inligtingsblad**

1. Wat is USN PHEDRACUT CRAVE X en waarvoor word dit gebruik.
2. Wat jy moet weet voordat jy USN PHEDRACUT CRAVE X neem.
3. Hoe om USN PHEDRACUT CRAVE X te neem.
4. Moontlike newe-effekte.
5. Hoe om USN PHEDRACUT CRAVE X te bêre.
6. Inhoud van die pak en ander inligting.

**1. Wat is USN PHEDRACUT CRAVE X en waarvoor word dit gebruik**

USN PHEDRACUT CRAVE X word aangedui as 'n gewigsverlieshulpmiddel om te help met eetlusbeheer. Slegs effektief indien met 'n gebalanseerde, energie-beperkte eetplan en gereelde oefening gekombineer word.

**2. Wat jy moet weet voordat jy USN PHEDRACUT CRAVE X neem**

**Moenie USN PHEDRACUT CRAVE X neem nie**

- Indien jy hipersensitief (allergies) is vir enige van die bestanddele van USN PHEDRACUT CRAVE X (gelys by afdeling 6).

**Waarskuwings en voorsorgmaatreëls**

**Wees veral versigtig met USN PHEDRACUT CRAVE X:**

- Indien jy enige chirurgiese prosedure moet ondergaan, hou twee weke voor enige chirurgiese prosedure (operasie) op om USN PHEDRACUT CRAVE X te neem.
- Indien jy diabetes mellitus (hoë bloedsuiker) het en jy medisyne gebruik om jou bloedsuikervlakke te beheer.
- Indien jy enige nierprobleme het.
- Indien jy 'n lewersiekte het.
- Indien jy aan bipolêre verstoring is ('n geestesverstoring wat verband hou met episodes van buierigheid wat wissel van depressiewe laagtepunte tot maniese hoogtepunte).

**Kinders en tieners**

Moet nie USN PHEDRACUT CRAVE X aan kinders jonger as 18 jaar gee nie, aangesien die veiligheid en doeltreffendheid by kinders nog nie vasgestel is nie.

**Ander medisyne en USN PHEDRACUT CRAVE X**

Sê altyd vir jou gesondheidsorgverskaffer indien jy enige ander medisyne neem. (Dit sluit komplementêre of tradisionele medisyne in).

Sê vir jou dokter of apteker indien jy tans die volgende gebruik:

- Antidiabetiese medisyne (gebruik om hoë bloedsuikervlakke te behandel) of kruie-aanvullings wat jou bloedsuikervlakke kan beïnvloed.
- Hepatotoksiese medisyne of kruie-aanvullings (medisyne of kruie-aanvullings wat 'n toksiese/skadelike effek op jou lewer mag hê).
- Levotiroksien (gebruik vir die behandeling van 'n onderaktiewe skildklier). Neem levotiroksien ten minste 30 minute voor, of 3 – 4 ure na USN PHEDRACUT CRAVE X.
- Antidepressante (gebruik om depressie te behandel).

**Swangerskap en borsvoeding**

Indien jy swanger is of jou baba borsvoed, dink dat jy swanger mag wees of beplan om swanger te raak, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgverskaffer voordat jy USN PHEDRACUT CRAVE X neem. Die veiligheid tydens swangerskap en borsvoeding is nie bepaal nie. Moenie USN PHEDRACUT CRAVE X neem indien jy swanger is of jou baba borsvoed nie.

**Bestuur en die gebruik van masjiene**

Dit is onwaarskynlik dat USN PHEDRACUT CRAVE X jou vermoë om 'n voertuig te bestuur en masjiene te gebruik kan belemmer. Moenie 'n voertuig bestuur of masjinerie hanteer totdat jy weet hoe USN PHEDRACUT CRAVE X jou afkteer nie.

**3. Hoe om USN PHEDRACUT CRAVE X te neem**

Gebruik USN PHEDRACUT CRAVE X altyd presies soos wat in hierdie inligtingsblad aangedui word, of soos wat jou apteker vir jou gesê het. Vra gerus jou apteker indien jy onseker is.

**Volwassenes:**

- Neem 1 kapsule 30 minute voor maaltye, verkieslik voor ontbyt en middagete, twee tot drie keer daaglik.
- Moenie die aanbevole daaglikse dosering oorskry nie.

**Wat om te doen indien jy meer USN PHEDRACUT CRAVE X geneem het as wat jy moet**

In geval van oordosering, raadpleeg jou dokter of apteker. Indien nie een van hulle beskikbaar is nie, kontak die naaste hospitaal of gifsentrum.

**Indien jy vergeet om USN PHEDRACUT CRAVE X te neem**

Neem jou volgende dosis op die gewone tyd. Moenie 'n dubbele dosis neem om te vergoed vir die individuele dosisse wat vergeet is nie.

**4. Moontlike newe-effekte**

USN PHEDRACUT CRAVE X kan newe-effekte hê.

Nie alle newe-effekte wat vir USN PHEDRACUT CRAVE X gerapporteer is, word in hierdie inligtingsblad ingesluit nie. Indien jou algemene gesondheid verswak of jy enige ongunstige effekte ondervind terwyl USN PHEDRACUT CRAVE X geneem word, raadpleeg asseblief jou gesondheidsorgverskaffer.

Indien enige van die volgende gebeur, hou op om USN PHEDRACUT CRAVE X te neem en sê dadelik vir jou dokter, of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- Swelling van jou hande, voete, enkels, gesig, lippe, mond of keel, wat probleme kan veroorsaak met sluk en asemhaling.
- Uitslag of gejeuk.
- Floute.

Hierdie is baie ernstige newe-effekte. Indien jy enige daarvan ondervind, mag jy 'n ernstige allergiese reaksie op USN PHEDRACUT CRAVE X gehad het. Jy mag dringende mediese bystand of hospitalisasie benodig.

Sê vir jou dokter of gaan na die ongevalle-afdeling by jou naaste hospitaal indien jy enige van die volgende opmerk:

**Frekwensie onbekend:**

- Vergeling van die vel en oë, donker uriene en moegheid, wat simptome van lewerprobleme kan wees.

Dit is 'n ernstige newe-effek. Jy benodig moontlik dringende mediese hulp.

Sê vir jou dokter indien jy enige van die volgende opmerk:

**Frekwensie onbekend:**

- Prikkelbaarheid, buierigheid, hoofpyn.
- Slapeloosheid.
- Maagpyn, naarheid, winderigheid, diarree.

Indien jy enige newe-effekte opmerk wat nie in hierdie inligtingsblad genoem word nie, sê asseblief vir jou dokter of apteker daarvan.

**Aanmelding van newe-effekte**

Indien enige newe-effekte ondervind word, bespreek dit met jou dokter of apteker. Jy kan ook newe-effekte aan SAHPRA rapporteer via die vorm om ongunstige geneesmiddelreaksies te rapporteer, wat aanlyn by SAHPRA se publikasies beskikbaar is: <http://www.sahpra.org.za/Publications/Index/8>.

Deur newe-effekte te rapporteer kan jy help om meer inligting rakende die veiligheid van USN PHEDRACUT CRAVE X te verskaf.

**5. Hoe om USN PHEDRACUT CRAVE X te bêre**

- Bêre by of onder 25 °C.
- Bêre op 'n droë plek.
- Bêre alle medisyne buite bereik van kinders.
- Moenie gebruik na die vervaldatum wat op die houer gedruk is nie.
- Neem alle ongebruikte medisyne terug na jou apteker.
- Moenie ongebruikte medisyne in dreine en rioolstelsels (bv. toilette) weggooi nie.

**6. Inhoud van die pak en ander inligting**

**Wat USN PHEDRACUT CRAVE X bevat**

<b>ELKE KAPSULE BEVAT:</b>		<b>*%NWW</b>
<i>Irvingia gabonensis</i> (Aubry-Lecomte ex O'Rorke) Baill. (Wilde veselperske) [saad; 10:1 ekstrak wat 6 100 mg gedroogde kruie-ekwivalent lewer]	610 mg	
<i>Garcinia cambogia</i> [vrug; 6:1 ekstrak gestandaardiseer tot 60 % (60 mg) hidroksitriensuur (HCA) wat 600 mg gedroogde kruie-ekwivalent lewer]	100 mg	
<i>Ilex paraguariensis</i> A.St.-Hil. (Yerba mate) [blaar; 10:1 ekstrak wat 700 mg gedroogde kruie-ekwivalent lewer]	70 mg	
Chroompikolinaat verskaf Chroom (elementêr)	96 µg 11,6 µg	33 %

\*%Nutriëntverwysingswaardes (NWWs) vir individue 4 jaar en ouer (2010).

Die ander bestanddele is beesgelatienkapsules en magnesiumstearaat.

**Hoe USN PHEDRACUT CRAVE X lyk en inhoud van die verpakking**

Grootte 00 wit harde gelatienkapsules wat 'n ligbruin poeier bevat. 90 kapsules word verpak in 'n wit HDPE-houer met 'n wit skroefdoep en induksie-seël.

**Houer van die Registrasiesertifikaat**

USN (Edms) Bpk.  
Eenheid 4, LouwIardia Logistieke Park  
h/v Nellmapiusrylaan & Olievenhoutboschweg  
Centurion, 1683  
Pretoria  
Tel: 086 111 1876

**Hierdie inligtingsblad is laas hersien in**

September 2021.


**Registrasienommer**

Vir toekenning deur SAHPRA met registrasie.

**Toegang tot die ooreenstemmende Professionele Inligtingsblad**

[www.usn.co.za](http://www.usn.co.za)

PHE073/PI-PIL/A

<b>JOB:</b> SACE_PhedracutCraveX	<b>SIZE:</b> 300mm x 319mm
<b>STOCK:</b> Foil Substrate: <input type="checkbox"/> Clear Substrate: <input type="checkbox"/> White Substrate: <input type="checkbox"/> Paper: <input checked="" type="checkbox"/> Other: <input type="checkbox"/>	
<b>COLOURS:</b> 	<b>FINISHING:</b> <input type="checkbox"/> Foil / Holographic Foil <input type="checkbox"/> Matte <input type="checkbox"/> Gloss <input type="checkbox"/> Spot UV <input type="checkbox"/> Doming <input type="checkbox"/> Embossing
<b>PLEASE CHECK CAREFULLY</b>	Although we endeavour to proof accurately, we cannot accept responsibility for errors once proofs are signed and accepted by our clients.